3DN Strategic Plan



This is an Easy Read document about the strategic plan of 3DN.

2023

Strategic plan means the work 3DN has planned to do in the next 4 years.

2026

That means from 2023 to 2026.



3DN is short for the Department of Developmental Disability
Neuropsychiatry at the University of New South Wales.

When we say **we**, we mean the people working at 3DN.

Not bold **Bold**

We have written some words in **bold**.

This means the letters are thicker and darker.

We explain what these words mean.

Vision and Mission



Vision is the future we imagine.







3DNs vision is the best possible health and wellbeing for people with cognitive disability.

Wellbeing is how you feel about yourself and your life.

A person with **cognitive disability** may have some differences in how they

- Think
- Remember
- Concentrate
- Communicate
- Learn







Mission is what we want to make happen.

Our mission is to improve the health and wellbeing of people with cognitive disability through our work.



In our work we think it is important to

• Be honest



• Be inclusive

Inclusive means that everyone can take part.



 Find out quickly what helps people be healthy



 Use what we know to help people right now



Think about new ways to do our work

Focus areas and objectives



Focus areas are the types of work we will be doing.

The 3DN strategic plan has three focus areas.



Objectives are the tasks we plan to do in our work.

The objectives are listed below under each focus area.

Focus area 1



Focus area 1 is about doing the best research and education work that we can.



Our **research** work is about asking new questions.

We ask questions to find out information.



Our education work is teaching other people new information.



We will teach the people who work at 3DN new things that help them do their best work.



We will look for ways to get better at how we do our work.

This might be ways of working that are faster or easier.



We will do more work on the mental health needs of people with cognitive disability.



Mental health is about

- How people think
- How people feel



We will do more work on the physical health needs of people with cognitive disability.

Focus area 2



Focus area 2 is about having good relationships.

These relationships are with people who work with 3DN.



We will find ways to teach more people who work in health and disability services in Australia.



We will work together more with teams who do similar work to us.



We will have more people with lived experience work with us.







We will tell more people about our work.

Focus area 3



Focus area 3 is about using our work to improve the health of people with cognitive disability.



We will work in ways that are inclusive and accessible.

If something is **accessible**, it means that everyone can use it.

We will work more closely with the **government**.



The **government** is a group of people who control and help organise things to protect and support people in certain areas.



For example, the government organises health care in Australia.



We will work more closely with groups of people that run health and disability services in Australia.



We want to make sure these groups of people can use:

- The information we find out from our research
- The education we do

If you have any questions about the strategic plan



You can email us at dddn@unsw.edu.au or

Call us on 02 9065 8076