**Information I would like about my hospital stay**

|  |  |  |
| --- | --- | --- |
|  | **Information about** | **This is important to me**  Tick Checkmark |
|  | Information about going to hospital |  |
|  | Why I am in hospital and what will happen |  |
|  | What happens when I arrive at hospital |  |
|  | Treatment to help my mental health |  |

|  |  |  |
| --- | --- | --- |
|  | What my days will be like in hospital |  |
|  | Mental health workers who work in this hospital |  |
|  | How the hospital workers should treat me |  |
|  | Support from people I trust |  |
|  | My rights |  |

|  |  |  |
| --- | --- | --- |
|  | My duties while in hospital |  |
|  | Daily life in hospital |  |
|  | Leave from hospital |  |
|  | Going home at the end of my stay in hospital |  |
|  | When I am worried about how I am being treated |  |

**Information I would like about my hospital stay**

**Authors**

Janelle Weise1, Bronwyn Newman1, Claire Eagleson1, Karen Fisher2, and Julian Trollor1.

1Department of Developmental Disability Neuropsychiatry, School of Psychiatry, Faculty of Medicine, UNSW Sydney

2Social Policy Research Centre, Faculty of Artsand Social Sciences, UNSW Sydney

This planning sheet is part of a series of easy read resources explaining

* how people can access public mental health services in New South Wales and
* what they can expect.

For information on how to support people to use easy read see [**Making mental health information accessible for people with intellectual disability****– A Toolkit**](https://www.3dn.unsw.edu.au/sites/default/files/documents/3DN_AccessibleInformation_Toolkit_ERv1.pdf)

© Department of Developmental Disability Neuropsychiatry UNSW Sydney 26.11.20 v1