**Going home at the end of my stay in hospital**

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|  | This easy read information sheet is about what will happen when you go home at the end of your stay in hospital. |
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|  | **Going home**  Your <health care team> want to make sure you have **recovered** enough to go home.  **Recovered** means getting better so you can do the things you want to do. |
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|  | Your <health care team> will talk with you about going home from hospital.  You can ask <Insert appropriate person> about going home.  To leave hospital is also called **discharge**. |
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|  | **Your plan to go home**  Your <health care team> will help you make a plan to leave hospital. |
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|  | **Help you will have when you go home**  Your <health care team> will talk with you about help you will get when you are at home.  You can ask your <health care team> questions about what happens when you go home. |
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|  | Your **discharge plan** will list the **treatment** and support you will get when you go home.  **Treatments** are things that can help you to feel better. |
|  | Doctors tell people which **medication** to take to help make them better.  **Medication** is sometimes called medicine or drugs.  Medication can be in   * a tablet * a pill * a drink * a needle   If you take medication we will give you <medication to take home/a prescription for further medication>. |
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|  | Your <Insert appropriate person> will keep in contact with you when you are at home.  <Insert appropriate person> might   * call you on the phone * email you * visit you at home   You can ask <Insert appropriate person> questions and they will give you help. |
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|  | We will send your discharge plan to your **general practitioner**.  Your **general practitioner** is your regular doctor.  They are also called your GP.  You should keep seeing your GP regularly. |
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|  | We will give you a list of phone numbers you can call when you have questions or need help. |
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|  | There is a list of what some **words** mean in this information sheet [**here**](https://www.3dn.unsw.edu.au/sites/default/files/documents/3DN_Wordlist_ERv1.pdf)or go to[**www.3dn.unsw.edu.au/projects/easyread**](http://www.3dn.unsw.edu.au/projects/easyread) |

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This information sheet is part of a series of easy read resources explaining

* how people can access public mental health services in New South Wales and
* what they can expect.

For information on how to support people to use easy read see [**Making mental health information accessible for people with intellectual disability****– A Toolkit**](https://www.3dn.unsw.edu.au/sites/default/files/documents/3DN_AccessibleInformation_Toolkit_ERv1.pdf)

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