**My rights**

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|  | This easy read information sheet is about your rights when you are in hospital.  You have rights about how other people must treat you.  When you are in hospital you have the following rights. |
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|  | **Access**  You have the right to get health care. |
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|  | **Safety**  You have the right to high quality health care that will not hurt you. |
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|  | **Respect**  You have the right to be treated with **respect** by hospital workers and other people staying in the hospital.  **Respect** is showing care about who you are and what is important to you. |
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|  | **Dignity**  Hospital workers must treat you with **dignity**.  **Dignity** is to treat you with respect  Dignity is also to give you as much privacy as possible. |
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|  | **Information**  You have the right to be given information about your careand services in a way you understand. |
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|  | **Being included**  You have the right to be included in talks about your health care.  Your wishes should be considered when possible. |
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|  | **Confidentiality**  Anything you tell hospital workers will be kept **confidential**.  **Confidential** means information about you that people should not share with others.  Your <health care team> only share confidential information when   * you say it is OK or * when there is a good reason or * when the law says they must |
|  | Your <health care team> would only share information about you if   * you said they can tell a family member or support person * they need to get help to stop you or another person getting hurt * when they need to for your treatment * the law says they must |
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|  | **Privacy**  **Privacy** means that other people cannot see or hear things about you that you do not want them to know.  For example your medical records are kept safely locked away. |
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|  | **Have your say**  You have the right to have your say on the health care you get.  You have the right to ask questions about your health care. |
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|  | You have the right to make a **complaint** if you are not happy with the health care you are getting.  A **complaint** is when you tell someone you are not happy with something.  You can find more information about making complaints in the information sheet **When I am worried about how I am being treated**. |
|  | There is a list of what some **words** mean in this information sheet [**here**](https://www.3dn.unsw.edu.au/sites/default/files/documents/3DN_Wordlist_ERv1.pdf)or go to[**www.3dn.unsw.edu.au/projects/easyread**](http://www.3dn.unsw.edu.au/projects/easyread) |

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This information sheet is part of a series of easy read resources explaining

* how people can access public mental health services in New South Wales and
* what they can expect.

For information on how to support people to use easy read see [**Making mental health information accessible for people with intellectual disability****– A Toolkit**](https://www.3dn.unsw.edu.au/sites/default/files/documents/3DN_AccessibleInformation_Toolkit_ERv1.pdf)

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