

Assessment of Quality of Life in People with an Intellectual Disability

Measurement domain	Assessment measure	Population	Level of ID	Description/structure	Administration
Quality of Life (QoL)	The Life Satisfaction Matrix (LSM; Lyons, 2005) ⁱ	Child/ Adolescent /Adult	Profound, multiple disabilities (PMD)	<p><u>Structure:</u> An observational assessment based on key assumptions</p> <p><u>Purpose:</u> Measure of life satisfaction in people with PMDs using assessment of consistent behavioural repertoires. Assumes that QoL can be improved by spending time taking part in activities the individual enjoys.</p>	<p><u>Assessed by:</u> Mental health professionals</p> <p><u>Answered by:</u> Two informants</p>
	WHO Quality of Life – for persons with disability (WHOQOL-Dis; WHOQOL Group, 1995) ⁱⁱ . Used in conjunction with the WHO Quality of Life-BREF. http://www.who.int/mental_health/publications/whoqol/en/	Adult	Mild/Moderate/Severe	<p><u>Structure:</u> Different versions of the WHOQOL are available. The WHOQOL-BREF is a 26-item measure and the WHO-DIS is an add-on module that can be used with the WHOQOL-BREF. Measurement domains include physical and psychological health, social relationships, and environment.</p> <p><u>Purpose:</u> QoL assessments can be used to inform clinical decision-making, assist in support planning and development of goals, contribute to evaluation of individual treatment or health services, or be used in research.</p>	<p><u>Assessed by:</u> Mental health professional</p> <p><u>Answered by:</u> Self-report or informant</p>

References

ⁱ Lyons, G., *The Life Satisfaction Matrix: An instrument and procedure for assessing the subjective quality of life of individuals with profound multiple disabilities*. Journal of Intellectual Disability Research, 2005. 49(10): p. 766-769

ⁱⁱ WHOQOL group, *The World Health Organization quality of life assessment (WHOQOL): Position paper from the World Health Organization*. Social Science & Medicine, 1995. 41(10): p. 1403-1409.

