

Behaviours of Concern in Young People with Intellectual Disability

The links in this factsheet are based on the behaviours of concern podcast episode.

Assessment resources

International Classification of Functioning, Disability and Health

The ICF is a classification of health and health-related conditions for children and adults that was developed by World Health Organization (WHO). It is the international standard for framing, describing, recording and measuring functioning and disability (WHO, 2001).

'Playing a guessing game': Recognising and responding to anxiety in children with intellectual disability (Fynn, Porter & Pellicano, 2023)

This research article includes modified interview questions for both children and their carers.

Reiss Scales for Children's Dual Diagnosis

A 60-item measure for children with intellectual disability that assesses a variety of child behavior and emotional problems.

Scales mentioned but not developed for young people with intellectual disability

Spence Children's Anxiety Scale - Child (SCAS-Child)

The 44-item scale assesses six domains of anxiety and normally takes around 10 minutes to complete. The SCAS is designed to provide an indication of the nature and extent of anxiety symptoms to assist in the diagnostic process. It is recommended that clinicians use the scale in partnership with a structured clinical interview.

Children's Yale-Brown Obsessive Compulsive Scale (CY-BOCS)

The scale consists of a symptom checklist and a severity rating scale.

Obsessional Compulsive Inventory – Child Self Report (ChOCI-R-S)

Adapting scales for assessing children's mental health in the context of intellectual disability: Reference Articles

Adapting Self-Report Measures of Mental Health for Children with Intellectual Disability (Gilmore, Campbell & Shochet, 2021)

Standardized Assessment Accommodations for Individuals with Intellectual Disability (Thompson et al., 2018)

Person-centred resources

Person-centred practice across cultures

A series of resources on cultural awareness and sensitivity developed by National Disability Services.

Behaviour support plans

How to develop behaviour support plans

The NDIS website provides information and resources on how to develop interim and comprehensive behaviour support plans.