Communicating with Young People with Intellectual Disability

The links in this factsheet are based on the Communication podcast episode.

Specialised Intellectual DIsability Mental Health Team (SIDHT)

Part of the Statewide Intellectual Disability Health Service, SIDHT can provide comprehensive health assessments and recommendations for people with intellectual disability who have unresolved complex or chronic health needs that cannot currently be met by accessing usual care pathways. SIDHT also offer capacity-building for health professionals.

Easy Read Resources

Easy Read is a way to share information using a simple layout with text and images. The Easy Read writing style can make complex information easier to understand and lead to increased participation. Select the links below to learn more about Easy Read.

Easy read | Digital NSW

Easy Read | Australian Government Style Manual

Visual Schedule Resources

Visual schedules can be used to provide information about planned events or to increase engagement in activities. Select the links below to learn more about how to use visual schedules.

Timetables and schedules - NSW Department of Education

Visual activity schedules | Illawarra Shoalhaven Local Health District (ISLHD)

Visual schedule - Queensland Government

Teach Back

Teach-back is a simple communication tool that can be used to check understanding. Select the link below to learn more about how to use the teach-back method.

Teach-back - SESLHD and Deakin University

This podcast factsheet was created as part of a Intellectual Disability Mental Health training series for Child and Youth Mental Health Services staff in NSW.