

Mental Health Assessment in Young People with Intellectual Disability

The links in this factsheet are based on the mental health assessment podcast episode.

Assessment measures

Children's Global Assessment Scale (CGAS; Shaffer et al., 1983) provides a rating of general functioning for children and young people aged 4-16 years old.

Social Responsiveness Scale (SRS; Constantino et al., 2003) measures social behaviour and responsiveness in relation to autism.

Developmental Behaviour Checklist (DBC; Einfeld & Tonge, 2002) consists of separate parent and teacher scales, and is suitable for children and adolescents with intellectual disability aged 4-18.

School-Years Screening Test for the Evaluation of Mental Status (SYSTEMS; Ouvrier et al., 1999) is a modified version of the MMSE and is suitable for use with young people aged between 5 and 12 years of age.

Other Resources

CHW School-Link

The School-Link website provides valuable information and resources on the mental health of children and young people with intellectual disability.

Mental Health Intellectual Disability Hub

The Sydney Children's Hospital Network Mental Health and Intellectual Disability (MHID) Hub is a state-wide, short-term consultation service to improve the mental health of children and adolescents with intellectual disability and/or autism under 18 years of age.

Guidelines for an Assessment Summary

This document is designed to guide a clinician through the areas of information that should be sought for a mental health assessment of a child or young person.