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Department of Developmental
Disability Neuropsychiatry

Participant Information Sheet for Online Survey

Person with intellectual disability

Evaluation of the Intellectual Disability Mental Health Connect webtool

Professor Julian Trollor and Dr Janelle Weise

Participant Information Sheet

Evaluation of the Intellectual Disability Mental Health Connect webtool

This sheet has information about research that is looking at how helpful a new website about mental health is for people with intellectual disability. This research involves an **online survey**.

This website has information about how people can have good mental health and how they can get support if they have mental health concerns.

Research means finding out what people think about things and using the information to help other people.

You can ask someone you trust to help you understand this sheet.

You can find a copy of this information sheet here

https://www.3dn.unsw.edu.au/sites/default/files/documents/PIS_ID_MHConnect_evaluation_survey_PWID_v2.pdf

Who is doing the research?



My name is Julian Trollor. I am a researcher at the University of New South Wales. I am working with



Janelle Weise

and



Claire Eagleson

and



Jenna Zhao

What is it about?



We have a new website that aims to help people with intellectual disability find the support they need to have good mental health.

We want to ask people with intellectual disability what they think about the website. We will ask them using an online survey.

Who can take part in the study?



People who:

- self-identify as having an intellectual disability
- are aged 18 years old and over
- live in NSW
- have used the Intellectual Disability Mental Health Connect website at least once

What does taking part involve?



We will ask you to complete an online survey after you have looked at the **Intellectual Disability Mental Health Connect** website **idmhconnect.health**.



The link to the survey is on the website.

You have until the end of September 2023 to do the survey.



You can ask someone to help you do the survey if you would like.



The survey will ask you:

- brief details about yourself
- to tell us what you think of the website
- if you were able to find information you were looking for.

The first part of the survey will make sure it is right for you.



If the survey is not right for you, you can call Claire Eagleson on 02 9065 9516 if you have any questions.



You can choose which questions to answer.

You do not have to answer a question if you do not want to.



The survey will take up to 15 minutes to complete.

If you take part you can choose to go into a prize draw to win a \$100 Coles Myer gift card.



There is 1 gift card available for people with intellectual disability who do the survey.

This means 1 person will win a gift card.

Not everyone will get a gift card.

To enter the prize draw, enter your email at the end of the survey.



Your email will be kept separate from your answers.

We will pick the winner on 16 October 2023.

Do I have to take part?



You only have to take part if you want to.

You can say no. It is your choice. No one will be angry if you say no.

Even if you say yes, you can change your mind later and stop taking part.

But once you have finished the survey, we cannot delete your answers as we will not know which survey is yours.



If someone usually helps you make decisions, you can talk to them about whether you should do the survey. You can show them this sheet.



By completing the survey, you are saying it is OK for the research team to use the information you have given us.

What will happen to my information?



We will store your information at 3DN, UNSW Sydney on our computers.

The computers have a password.

Only the researchers will know the password.

We will keep your information for 5 years after we write reports about it.



We will keep your information private.
We will not tell anybody your name.

No one will know it was you who took part.



We will write about what we find out.
If you want, we will send you a
summary.

Let Claire Eagleson know at
c.eagleson@unsw.edu.au if you would
like to be sent a summary.

The summary will also be on our
website
**[https://www.3dn.unsw.edu.au/project
s/intellectual-disability-mental-health-
service-pathway-tool](https://www.3dn.unsw.edu.au/project/s/intellectual-disability-mental-health-service-pathway-tool)**.

Who can I get in touch with about the research?



If you have any questions, get in touch
with:

Name: Claire Eagleson

Phone: 02 9065 9516

Email: c.eagleson@unsw.edu.au



If you want to complain about the research,
you can get in touch with the Human
Research Ethics Coordinator. It is their job
to listen to you and find out what happened.

Phone: (02) 9385 6222

Email: humanethics@unsw.edu.au

Tell them this number: HC220792



Sometimes answering questions about mental health can be upsetting.

If you feel upset after doing the survey, you can talk to someone who supports you or call one of these numbers.

Beyond Blue: 1300 224 636

Anyone can call this number any time of the day.

They have a website too. It is **www.beyondblue.org.au**

What if I am having a crisis?

A crisis is when you are very upset and need help straight away.



If you are in a crisis, you can call one of these numbers:

Suicide Call Back Service: **1300 659 467**

They have a website too. It is **www.suicidecallbackservice.org.au**

Lifeline: **13 11 14**

They have a website too. It is **www.lifeline.org.au**

Anyone can call these numbers any time of day.



If you have a hearing impairment you can call Lifeline through the National Relay service. Here is how:

For TTY phone 133 677 then ask for 13 11 14

For Speak and Listen phone 1300 555 727 then ask for 13 11 14

I want to take part

If you want to take part, click on the link below to start answering questions. If you change your mind you can close the page at any time, and we will not use your information. When you finish, we will use your information.

https://unsw.au1.qualtrics.com/jfe/form/SV_9Hzc3NVFgk1KuFM