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| Improving Preventative Health Care Project – Project Summary | |
| Why we are doing this project | |
| A person with the hands on the head  Description automatically generated with low confidence | People with intellectual disability have poor health more than people without intellectual disability. |
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| A picture containing person, red, flag, track and field  Description automatically generated | This might not have happened if these people could easily use preventive health care. |
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|  | **Preventive health care** are things that support people to   * Stay healthy * Get better quickly when they are sick   It is a type of health care. |
|  |  |
|  | **Health care** is the support you get from health workers to   * Stay healthy * Get better if you are sick or have hurt yourself badly |
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|  | **Health workers** are people who work to help you with your health. |
|  | There are different ways to get preventive health care. |
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|  | It can be hard for people with intellectual disability to use preventive health care in Australia. |
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| Aims of this project | |
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|  | An **aim** is where we want to go or what we hope to do. |
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|  | This project wants to make it easy for people with intellectual disability to get preventive health care. |
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| A group of people around a round white object  Description automatically generated with low confidence | We want to work with people with intellectual disability to think about a new way to provide preventive health care |
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| What we will do in this project | |
|  | To make it easier for people with intellectual disability to get preventive health care we will follow the steps below. |
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|  | **Step 1** |
| A picture containing text  Description automatically generated | To find out the gaps in Australias preventive health care we will   * Look at government documents * Communicate with different groups |
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|  | To **communicate** is how you understand and share your feelings or information. |
|  |  |
| A group of people posing for a photo in front of a building  Description automatically generated | The **government** is a group of people who control and help organise things to protect and support people in certain areas. |
|  |  |
| A group of people posing for a photo  Description automatically generated | We will look at government documents called policy.  **Policy** documents help guide what people and organisations do. |
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|  | **Step 2** |
| A picture containing person, person, suit  Description automatically generated | Build a new preventive health care model for people with intellectual disability.  A **model** is a way of thinking about and providing care. |
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|  | **Step 3** |
| A picture containing person  Description automatically generated | Test the model to see if it will help people with intellectual disability to use preventive health care. |
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| How we will tell people about our project | |
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|  | We will tell people about our project by sharing information |
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|  | * On social media like Twitter |
|  | * With news articles on the 3DN webpage |
| A picture containing text  Description automatically generated | * In a type of document called a research paper   We will ask organisations to review and share these papers.  This is called a **publication.** |
|  |  |
| Learn more | |
|  |  |
| A person sitting at a desk with a computer  Description automatically generated with medium confidence | If you would like to learn more about our project go to our project page [**www.3dn.unsw.edu.au/nhmrc-preventive-healthcare**](https://www.3dn.unsw.edu.au/nhmrc-preventive-healthcare) |
|  |  |
|  | Or contact Jess.  Jess is a researcher on the project.  You can contact her from 8:00am to 4:00pm Monday to Friday. |
|  |  |
|  | To contact Jess   * **Call** +61 2 9348 0903 * **Email** jessica.ward1@unsw.edu.au |

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| Text  Description automatically generated | Who wrote this Easy Read  Tahli Hind, Bela Laginha, Dominique Abagi, Julian Trollor, and Janelle Weise.  Where these people work  Department of Developmental Disability Neuropsychiatry UNSW Sydney.  Also known as 3DN. |
| A group of people sitting around a table  Description automatically generated | The information in this part of a series of easy read resourcs about   * Different types of preventive health care * Who can provide this care |
|  | For information on how to support people to use Easy Read go to [**www.3dn.unsw.edu.au/professionals\_toolkit**](https://www.3dn.unsw.edu.au/professionals_toolkit)  © Department of Developmental Disability Neuropsychiatry UNSW Sydney 10.08.23 v3  No changes can be made without asking the people who wrote this sheet. |

