

Psychotropic medication

Accessible resources to share with PEOPLE WITH AN INTELLECTUAL DISABILITY AND THEIR CARERS:

Resource	Description	Author	Link
Me and my medication: a factsheet	The following factsheets contain easy read information about taking medications. Specific factsheets for common psychotropic medications are also included	NSW-cid	http://www.nswcid.org.au/health-factsheets.html
Me and my medication: a checklist	An easy read health fact sheet about taking medication	NSW-cid	http://www.nswcid.org.au/health-factsheets.html
Medicines for anxiety, panic disorders and insomnia (leaflets)	Contains easy read information fact sheets on the following medications: Amisulpride, Fluvoxamine, Diazepam, Venlafaxine, Aripiprazole, Lorazepam, Escitalopram, Citalopram, Paroxetine	University of Birmingham*	http://www.easyhealth.org.uk/listing/medicines-for-anxiety,-panic-disorders-and-insomnia-(leaflets)
Medicines for behaviour problems (leaflets)	Contains easy read information fact sheets on the following medications: Amisulpride, quetiapine, lithium, clozapine, Trazodone, Olanzapine, Fluphenazine, Carbamazepine, Sulpride, Naloxone, Fluoxetine, Zuclopentixol injection, Aripiprazole, Risperidone, Lofepamine, Diazepam, Trifluoperazine, Propranolol, Haloperidol, Chlorpromazine, Topiramate, Naltrexone, Flupentixol, Zuclopentixol , tablets, Atenolol, Sertraline, Mirtazapine, Dosulepin, Valproate	University of Birmingham*	http://www.easyhealth.org.uk/listing/medicines-for-behaviour-problems-(leaflets)

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Medicines for depression (leaflets)	Contains easy read fact sheets for the following medications: Carbamazepine, Mirtazapine, Lithium, Valproate, Dosulepin, Sertraline, Lofepamine, Fluoxetine, Trazodone	University of Birmingham*	http://www.easyhealth.org.uk/listing/medicines-for-depression-(leaflets)
Medicines for schizophrenia, psychoses and mania (leaflets)	Contains easy read fact sheets for the following medications: Aripiprazole, Zuclopentixol tablets, Haloperidol, Trifluoperazine, Clozapine, Risperidone, Atenolol, Olanzapine, Zuclopentixol injection, Flupentixol, Sulpride, Chlorpromazine, Quetiapine	University of Birmingham*	http://www.easyhealth.org.uk/listing/medicines-for-schizophrenia,-psychoses-and-mania-(leaflets)
Medication side effects (leaflets)	Includes easy read information on common medication side effects and what to do if different medications make you ill	University of Birmingham*	http://www.easyhealth.org.uk/listing/side-effects-(leaflets)

* Please note: Audio recordings of these brochures can also be accessed via: <http://www.birmingham.ac.uk/research/activity/ld-medication-guide/downloads/medicine-information.aspx>

** Please note: audio versions can also be accessed through the website: [http://www.easyhealth.org.uk/listing/side-effects-\(leaflets\)](http://www.easyhealth.org.uk/listing/side-effects-(leaflets))

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Information for PRESCRIBERS:

Resource	Description	Author	Link
Prescribing psychotropic medication to people with an intellectual disability- final report and recommendations	Contains RANZCP assessment of key international guidelines for managing psychotropic medication prescription to people with intellectual disability	The Royal Australian & New Zealand College of Psychiatrists.	https://providers.dhhs.vic.gov.au/sites/dhhsproviders/files/2017-08/Prescribing-psychotropic-medication-to-people-with-an-intellectual-disability.doc
Using medication to manage behaviour problems among adults with a learning disability. A quick reference guide.	UK guideline providing advice to people who are considering prescribing medication to manage behaviour problems among adults with an intellectual disability. It follows the National Institute for Health and Clinical Excellence's (NICE's) (nice.org.uk) guideline development criteria, and has been assessed using the internationally accepted 'Appraisal of Guidelines for Research and Evaluation' (AGREE, 2001) criteria for guideline development.	The University of Birmingham (Shoumitro, D., Clarke, D., Unwin, G)	http://thenadd.org/wp-content/uploads/DATABID%20QQRG%20final%20version%2015.01.2007.pdf
Problem behaviours in adults with intellectual disability: An international guide for using medication.	Evidence and consensus-based international guide for practitioners for the use of psychotropic medications for problem behaviours among adults with intellectual disabilities. This guide advises on assessment of behaviours, producing a formulation, initiation of treatment, assessment of outcome and adverse effects, follow-up arrangements, and possibility of discontinuation of treatment.	WPA (SPID)	http://www.ncbi.nlm.nih.gov/pmc/articles/PMC2758582/

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