

Having a blood test

Accessible resources to share with PEOPLE WITH AN INTELLECTUAL DISABILITY:

Resource	Description	Author	Link
Medical Tests – Having a blood test	This page contains a range of fact sheets in accessible. Includes “Having a blood test”, which explains the process of having a blood test, “What is an abdominal X-ray?” and “Steps of a CT head scan”.	The University of Queensland, Queensland Centre of Intellectual and Developmental Disability (QU-QCIDD)	http://www.qcidd.com.au/me/health/medical-tests
Having A Blood Test. A leaflet by The Elfrida Society	This leaflet explains in accessible language and accompanying images what happens when you have a blood test	Easyhealth.org.uk*	http://www.easyhealth.org.uk/sites/default/files/having_a_blood_test.pdf
A Blood Test. A leaflet by the User Friendly Organisations Service	This leaflet explains in accessible language and accompanying images what happens when you have a blood test	Easyhealth.org.uk*	http://www.easyhealth.org.uk/sites/default/files/a_blood_test.pdf
Blood test card. A leaflet by the Hull and East Yorkshire Hospitals NHS Trust	This leaflet explains in accessible large font text and colour images the steps involved in having a blood test	Easyhealth.org.uk*	http://www.easyhealth.org.uk/sites/default/files/blood%20test%20card_0.pdf

*Easyhealth.org.uk. Audio versions of these leaflets can be accessed via the website: [http://www.easyhealth.org.uk/listing/blood-test-\(leaflets\)](http://www.easyhealth.org.uk/listing/blood-test-(leaflets))

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Information for CARERS AND HEALTH PROFESSIONALS:

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General information about blood tests	This website contains downloadable practice tools for working with people with an intellectual disability. Includes "How to make medical tests easier", which explains desensitisation programs.	The University of Queensland, Queensland Centre of Intellectual and Developmental Disability (QU-QCIDD)	http://www.qcidd.com.au/gps/practice-tools
Blood test information for carers and professionals	This leaflet outlines information on why you should get a blood test, how to prepare, pain and feeling faint.	QU-QCIDD	http://www.qcidd.com.au/images/content/families/Health/Blood-Tests-FAQ.pdf