

# Diabetes

## Accessible resources to share with your PATIENTS WITH AN INTELLECTUAL DISABILITY:

Resource	Description	Author	Link
Diabetes – To the point.	This webpage contains accessible information about diabetes. Includes personal story videos of people living with diabetes.	The University of Queensland, Queensland Centre of Intellectual and Developmental Disability (QU-QCIDD)	<a href="http://www.qcidd.com.au/me/2013-06-03-06-15-21/sugar">http://www.qcidd.com.au/me/2013-06-03-06-15-21/sugar</a>
Diabetes information for people with intellectual disability and their carers	This booklet contains accessible information and accompanying images to explain diabetes, including information on impaired glucose tolerance and workbook activities	QU-QCIDD	<a href="http://www.qcidd.com.au/images/content/ME/health/diabetes-to-the-point-for-people-with-diabetes.pdf">http://www.qcidd.com.au/images/content/ME/health/diabetes-to-the-point-for-people-with-diabetes.pdf</a>
Diabetes care: Taking care of your eyes	An accessible leaflet about eye care. Contains words and images	Easyhealth.org.uk*	<a href="http://www.easyhealth.org.uk/sites/default/files/Diabetes%20care%20-%20taking%20care%20of%20your%20eyes.pdf">http://www.easyhealth.org.uk/sites/default/files/Diabetes%20care%20-%20taking%20care%20of%20your%20eyes.pdf</a>
Diabetes type 2.	An accessible leaflet with words and images explaining about type 2 diabetes	Easyhealth.org.uk*	<a href="http://www.easyhealth.org.uk/sites/default/files/null/Diabetes%20type%202.pdf">http://www.easyhealth.org.uk/sites/default/files/null/Diabetes%20type%202.pdf</a>
Type 2 diabetes and coronary heart disease risk assessment care plan. A leaflet by the Isle of Wight Healthcare NHS Trust.	Type 2 diabetes and coronary heart disease risk assessment care plan. A leaflet by the Isle of Wight Healthcare NHS Trust.	Easyhealth.org.uk*	<a href="http://www.easyhealth.org.uk/sites/default/files/type%202%20diabetes%20and%20coronary%20heart%20disease%20risk%20assessment%20care%20plan.pdf">http://www.easyhealth.org.uk/sites/default/files/type%202%20diabetes%20and%20coronary%20heart%20disease%20risk%20assessment%20care%20plan.pdf</a>
Diabetes symbol ABC cards	The Diabetes Symbol Resources include simple text	Widgit Health	<a href="http://widgit-health.com/downloads/diabetes-abc-cards.htm">http://widgit-health.com/downloads/diabetes-abc-cards.htm</a>

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and symbol supported versions of the Alphabet Strategy Diabetes Sheets.

Diabetes Easy Read Guide	An easy read guide all about diabetes. U.K. resource.	The Foundation for People with Learning Disabilities, Prodigy and Easyhealth.org.uk*	<a href="http://www.easyhealth.org.uk/sites/default/files/Diabetes%20-%20EH.pdf">http://www.easyhealth.org.uk/sites/default/files/Diabetes%20-%20EH.pdf</a>
Diabetes symbols	Contains key visual symbols relevant to diabetes management	Easyhealth.org.uk*	<a href="http://www.easyhealth.org.uk/sites/default/files/Diabetes%20symbols.pdf">http://www.easyhealth.org.uk/sites/default/files/Diabetes%20symbols.pdf</a>

\*Easyhealth.org.uk. Audio versions of these leaflets can also be accessed via the website: [http://www.easyhealth.org.uk/listing/diabetes-\(leaflets\)](http://www.easyhealth.org.uk/listing/diabetes-(leaflets))

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## Accessible resources to share with CARERS of patients with an intellectual disability:

Resource	Description	Author	Link
Diabetes to the point – information for carers	This booklet contains information on blood glucose levels and testing, low blood glucose, high blood glucose, insulin, diabetes and long term complications.	The University of Queensland, Queensland Centre of Intellectual and Developmental Disability (QU-QCIDD)	<a href="http://www.qcidd.com.au/families/health/diabetes">http://www.qcidd.com.au/families/health/diabetes</a>
Diabetes	This webpage contains information on diabetes, including what causes diabetes and diabetes symptoms.	healthdirect	<a href="https://www.healthdirect.gov.au/diabetes">https://www.healthdirect.gov.au/diabetes</a>
Diabetes Mellitus Type 1 – a personal story	This webpage contains information and resources on type 1 diabetes	healthdirect	<a href="https://www.healthdirect.gov.au/type-1-diabetes-mellitus-a-personal-story">https://www.healthdirect.gov.au/type-1-diabetes-mellitus-a-personal-story</a>
Diabetes Mellitus Type 2 – a personal story	This webpage contains information and resources on type 2 diabetes.	healthdirect	<a href="https://www.healthdirect.gov.au/type-2-diabetes-mellitus-a-personal-story">https://www.healthdirect.gov.au/type-2-diabetes-mellitus-a-personal-story</a>

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## Information for clinicians:

Resource	Description	Author	Link
Guideline for General Practice management of type 2 diabetes.	A best-practice guideline for the prevention, diagnosis and management of diabetes developed for health professionals.	RACGP and Diabetes Australia	<a href="http://www.racgp.org.au/your-practice/guidelines/diabetes/">http://www.racgp.org.au/your-practice/guidelines/diabetes/</a> or <a href="https://www.diabetesaustralia.com.au/best-practice-guidelines">https://www.diabetesaustralia.com.au/best-practice-guidelines</a>
American Diabetes Association Standards of Medical Care in Diabetes.	American Diabetes Association Standards of Medical Care in Diabetes. Updated annually.	American Diabetes Association	<a href="http://care.diabetesjournals.org/content/39/Supplement_1">http://care.diabetesjournals.org/content/39/Supplement_1</a>