

Managing challenging behaviour

Information for HEALTH PROFESSIONALS:

Resource	Description	Author	Link
Challenging behaviour and learning disabilities: prevention and interventions for people with learning disabilities whose behaviour challenges	For health professionals, service providers, carers and families of people with intellectual disability, this guideline covers understanding, assessing and providing support for children, young people and adults with intellectual disability and challenging behaviour. The guideline also includes interventions and support for family members and carers. There is also an easy read version for people with intellectual disability.	The National Institute for Health and Care Excellence	https://www.nice.org.uk/guidance/ng11/resources/challenging-behaviour-and-learning-disabilities-prevention-and-interventions-for-people-with-learning-disabilities-whose-behaviour-challenges-1837266392005 Easy read version: https://www.nice.org.uk/guidance/ng11/resources/behaviour-that-challenges-and-learning-disabilities-easy-read-version-pdf-64199918
Evidence-based guidelines to reduce the need for restrictive practices in the disability sector	<p>The aim of this guide is to reduce restrictive practices in the disability sector by increasing the use of positive behaviour support programs. A range of issues about the use of restrictive practices is addressed. These practices include the use of restraint and seclusion as well as procedures and programs that can impede a person's ability to exercise choice and self-determination.</p> <p>This guide has been written with both psychologists and non-psychology health professionals in mind in order for interdisciplinary collaboration to occur and to support systemic improvements.</p>	The Australian Psychological Society	https://www.adhc.nsw.gov.au/_data/assets/pdf_file/0003/296193/Australian_Psychological_Society_-_Practice_Guidelines.pdf