

# Planning for adaptations to clinical practice

## Information for clinicians:

Resource description	Description	Author	Link
Accessible Mental Health Services for People with an Intellectual Disability: A Guide for Providers	The Guide has been developed to provide a national framework of understanding and action for frontline mental health service providers with respect to people with an intellectual disability. It provides an overview of intellectual disability mental health, why accessible services are important, the principles that should guide service delivery, practical strategies for inclusive and accessible services, and the implications for the service system.	Department of Developmental Disability Neuropsychiatry (3DN). UNSW Australia	<a href="https://3dn.unsw.edu.au/project/accessible-mental-health-services-people-intellectual-disability-guide-providers-guide">https://3dn.unsw.edu.au/project/accessible-mental-health-services-people-intellectual-disability-guide-providers-guide</a>
Intellectual Disability Mental Health Core Competency Framework: A Manual for Mental Health Professionals. This resource has an accompanying toolkit.	Describes the specific skills and attributes required by mental health professionals for the provision of quality services for people with an intellectual disability. It outlines the necessary approaches to clinical practice when working with people with an intellectual disability and identifies the core competencies that mental health professionals require to work in this area. The Framework also includes a self-assessment tool to help professionals to determine their current skill set and guides readers to resources	Department of Developmental Disability Neuropsychiatry (3DN). UNSW Australia	<a href="http://3dn.unsw.edu.au/idmh-core-competency-framework">http://3dn.unsw.edu.au/idmh-core-competency-framework</a>

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	that support professional development in intellectual disability mental health.		
Working with people with intellectual disabilities in healthcare settings	Downloadable information about working with people with intellectual disabilities in healthcare settings.	Centre for Developmental Disability Health Victoria, Monash University	<a href="http://www.cddh.monashhealth.org/wp-content/uploads/2016/11/2016-working-with-people-with-intellectual-disabilities.pdf">http://www.cddh.monashhealth.org/wp-content/uploads/2016/11/2016-working-with-people-with-intellectual-disabilities.pdf</a>
How Autism can affect healthcare, special strategies and accommodations that may be useful when working with someone on the Autism Spectrum:	Information about caring for people with Autism including: <ul style="list-style-type: none"> <li>• Communication and interaction</li> <li>• Sensory issues</li> <li>• Body Awareness, Pain and Sensory Processing</li> <li>• Planning and Organising</li> <li>• Exams and Procedures</li> <li>• Legal and Ethical Consideration</li> </ul>	Academic Autism Spectrum Partnership in Research and Evaluation	<a href="http://www.autismandhealth.org/inc/content/pv_fac-fac_fac.pdf">http://www.autismandhealth.org/inc/content/pv_fac-fac_fac.pdf</a>
Health care for adults with intellectual and developmental disabilities: Toolkit for primary care providers	A toolkit for primary care providers covering: <ul style="list-style-type: none"> <li>• General issues</li> <li>• Physical health issues</li> <li>• Behavioural and mental health issues</li> </ul>	The Vanderbilt Kennedy Center	<a href="http://www.iddtoolkit.org/">http://www.iddtoolkit.org/</a>
A Guide to Understanding Behavioural Problems and Emotional Concerns	This guide is intended for use by primary care providers with input from patient's caregivers or support person. It aims to help identify the causes of behavioural problems, in order to plan for treatment and management, and prevent reoccurrence.	Surrey Place Centre	<a href="http://www.surreyplace.on.ca/documents/Primary%20Care/BBA%20Guide%20to%20Understanding%20Behavioural%20Problems%20and%20Emotional%20Concerns.pdf">http://www.surreyplace.on.ca/documents/Primary%20Care/BBA%20Guide%20to%20Understanding%20Behavioural%20Problems%20and%20Emotional%20Concerns.pdf</a>
Learning disabilities made clear toolkit	This toolkit brings together a range of resources to promote understanding about what it's like	NHS: Health Education England	<a href="https://hee.nhs.uk/our-work/learning-disability/workforce-development/learning-disabilities-made-clear-toolkit">https://hee.nhs.uk/our-work/learning-disability/workforce-development/learning-disabilities-made-clear-toolkit</a>

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to live with an intellectual disability, allowing healthcare professionals to adjust the care they deliver and helping people with an intellectual disability access the services they need.