

Do you support someone who has an intellectual disability?

Can you help us make it easier for people with intellectual disability to find the right mental health supports?

What is this study about?

This study aims to learn about experiences finding health supports for people with intellectual disability, what supports people with intellectual disability and their support networks need across a mental health journey, and how support services can work together to provide care.

Who can participate?

Family members or support persons (paid or non-paid) of people with an intellectual disability. You also need to be 18 years or over, live in NSW, and have experience of supporting a person with an intellectual disability to use a health service for physical or mental health problems.

What will it involve?

Participation will involve attending a focus group or interview. You can choose the option that is best for you. The focus group will take approximately 2.5 hours. An interview will take up to 2 hours and can take place face to face or via the telephone, video conferencing or email. Face to face interviews/focus groups will take place either at UNSW Sydney or near Central Station.

What will this information be used for?

We will use this information to create an interactive website to help people with intellectual disability get the right mental health services. It will link people with intellectual disability and mental health staff to the resources that they need to support a journey through mental health services and to promote good mental health.

What do I do if I would like more information? What do I do if I am interested in participating?

For more information please contact Claire Eagleson, Project Officer, on (02) 9065 9516 or c.eagleson@unsw.edu.au.