

# Transitions to Adult Services for Young People with Intellectual Disability

The links in this factsheet are based on the Transitions podcast episode.

## Agency of Clinical Innovation

ACI Mental Health Network <https://aci.health.nsw.gov.au/networks/mental-health>

ACI Paediatric Network <https://aci.health.nsw.gov.au/networks/paediatric>

[Key Principles for Transition Care](#)

[Specialist Transition Support Services](#)

## Resources for Finding Mental Health Services and Private Psychologists

[Healthdirect: Find a health service](#)

A government-funded service, providing quality, approved health information and advice.

[Medicare Mental Health](#) (formerly Head to Health)

A Commonwealth-funded mental health initiative providing access to mental health information, services and supports.

[Mental Health Line](#) (NSW Health)

The 1800 011 511 Mental Health Line is NSW Health's 24/7 statewide phone service which links people with NSW Health mental health services. It is a free service and can be accessed by individuals, families and health professionals.

[Your Health in Mind](#)

A free online directory of psychiatrists in Australia, produced and managed by the Royal Australian and New Zealand College of Psychiatrists (RANZCP).